

<b>MEETING:</b>	South Area Council
<b>DATE:</b>	Friday, 17 January 2020
<b>TIME:</b>	10.00 am
<b>VENUE:</b>	Meeting Room - The Hoyland Centre

## AGENDA

- 1 Declarations of Pecuniary and Non-Pecuniary Interests

### Minutes and Notes

- 2 Minutes of the Meeting of South Area Council held on 25th October, 2019  
(Sac.17.01.2020/2) (*Pages 3 - 8*)
- 3 Notes of the Ward Alliances (Sac.17.01.2020/3) (*Pages 9 - 16*)  
Hoyland Milton and Rockingham – held on 6<sup>th</sup> November, 2019  
Darfield – held on 21<sup>st</sup> November, 2019  
Wombwell – held on 18<sup>th</sup> November, 2019

### Performance

- 4 Report on the Use of Ward Alliance Funds (Sac.17.01.2020/4) (*Pages 17 - 22*)
- 5 Performance Report Q2 (Sac.17.01.2020/5) (*Pages 23 - 48*)

### Items for Decision

- 6 Procurement and Financial Update (Sac.17.01.2020/6) (*Pages 49 - 52*)
- 7 Public Health update (Sac.17.01.2020/7) (*Pages 53 - 62*)  
Prevention, strength and balance training - Alec Tinker  
Food access update

To: Chair and Members of South Area Council:-

Councillors Daniel Griffin (Chair), Andrews BEM, Eastwood, Franklin, Frost, Lamb, Markham, Saunders, Shepherd, Smith, Stowe and Sumner

Area Council Support Officers:

Diane Lee, South Area Council Senior Management Link Officer  
Lisa Lyon, South Area Council Manager  
Rachel Payling, Head of Service, Stronger Communities  
Peter Mirfin, Council Governance Officer

Please contact Peter Mirfin on email [governance@barnsley.gov.uk](mailto:governance@barnsley.gov.uk)

Thursday, 9 January 2020

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<b>MEETING:</b>	South Area Council
<b>DATE:</b>	Friday, 25 October 2019
<b>TIME:</b>	10.00 am
<b>VENUE:</b>	Meeting Room 1 - Barnsley Town Hall

## MINUTES

### Present

Councillors Daniel Griffin (Chair), Andrews BEM, Eastwood, Franklin, Frost, Lamb, Saunders, Shepherd, Smith and Sumner

### 18 Declarations of Pecuniary and Non-Pecuniary Interests

Councillors Franklin and Shepherd each declared a non-pecuniary interest in minute number 24 due to their positions as directors of Forge Community Partnership.

Councillor Frost declared a non pecuniary interest in item 24 due to his position as a trustee of Age UK.

### 19 Minutes of the Meeting of South Area Council held on 6th September, 2019 (Sac.25.10.2019/2)

The meeting considered the minutes of South Area Council held on 6<sup>th</sup> September, 2019.

**RESOLVED** that the minutes of the South Area Council held on 6<sup>th</sup> September, 2019 be approved as a true and correct record.

### 20 Notes of the Ward Alliances (Sac.25.10.2019/3)

The meeting received the notes from the following Ward Alliances:- Hoyland Milton and Rockingham Ward Alliance held on 18<sup>th</sup> September, 2019; and Darfield Ward Alliance held on 18<sup>th</sup> July and 19<sup>th</sup> September, 2019.

**RESOLVED** that the notes from the Ward Alliances be received.

### 21 Report on the Use of Ward Alliance Funds (Sac.25.10.2019/4)

The Area Council Manager introduced the item referring to the amounts left for distribution by each Ward Alliance.

From an opening balance of £13,877, £5,949.84 remained for allocation by Darfield Ward Alliance.

Hoyland Milton and Rockingham Ward Alliance had £13,614.64 remaining from an opening balance of £25,131.

Wombwell Ward Alliance had an opening balance of £17,150, with £13,577.29 remaining.

Members noted that all Ward Alliances would be allocated a further £10,000 per ward and that consideration should be given to how this would be distributed.

**RESOLVED** that the report be noted.

## **22 District Enforcement - Car Parking (Sac.25.10.2019/5)**

Paul Wilcock and Stephen Tarbuck District Enforcement were welcomed to the meeting. Members were reminded of the recent focus on car parking around schools, with one school being selected from each Ward: Birdwell Primary, Upperwood Primary, Jump Primary and Highview Primary Learning Centre.

Over a period of four weeks each school was visited before and after school, to assess any issues with parking and initially to provide advice to those parking inconsiderately, rather than focusing on enforcement alone. Members heard of the specific issues faced at the schools in question, such as the parking on the blind bend in Darfield, and those present discussed possible solutions relating to the locality. Praise was also given to Wendy Jones, for her continued commitment to her post of lollipop lady at Birdwell School.

The work undertaken was supported by teachers and head teachers, and by the majority of parents. It was also noted that the Area Team had also received feedback.

Members commented that the campaign had been positive, and thanks were given to the officers involved.

**RESOLVED** that thanks be given for the attendance at the Area Council and the work with schools to encourage considerate parking.

## **23 Healthy Holidays (Sac.25.10.2019/6)**

The item was introduced by the Area Council Manager who reminded Members of the £10,000 allocated to the Ward Alliances to support families in the school holidays, recognising the impact of no free school meals, the cost of activities or childcare and the potential loss of earnings in the school holidays.

A breadth of activities had been arranged, with 918 healthy lunches eaten, plus any additional food being distributed through the 0-19 team to those most in need. 37 sessions had been delivered in addition to activities undertaken at galas throughout the summer.

The Area Team helped to ensure that events were family inclusive and activities took place in 16 venues, with 55 volunteers involved in the organisation and running of events, 16 of which were new volunteers.

A total of £4,342 was spent with an additional £1,000 pledged by Darfield Ward Alliance to extend the programme in their ward.

Members heard how the events were inclusive so as not to stigmatise any families or children from attending, however it was acknowledged that this resulted in benefits being harder to quantify.



Noted was the learning from the programme, which included that certain locations worked better than others, and that the events could be better promoted and organised with a greater lead in time.

Those present heard of the positive links being made with such as the 0-19 and nursing teams.

The Area Manager drew attention to a number of specific successes, which included the Family Fun Day in Hoyland, taster sessions at Elsecar Cricket Club, the Wombwell Family Fishing day and the provision at summer galas in Darfield.

Members praised the positive work done throughout the Area, especially considering the costs involved, and the positive foundation to build on in future years.

**RESOLVED:-**

- (i) That praise be given to all those involved in the organisation of Healthy Holidays provision;
- (ii) That discussion on further financial support of Healthy Holidays provision is undertaken as part of consideration of the Area Council budget.

**24 Procurement and Financial Update (Sac.25.10.2019/7)**

The Area Council Manager introduced the item by reminding Members of the Private Sector Housing Officer Post, which was approved for 37 hours but a reduction in working hours to 30 hours per week for the current officer.

Members discussed the reduction, and consensus was that there was still unmet need in the area. It was suggested that the Area Council Manager explores ways to utilise any underspend arising from the reduction in working hours in order to support delivery in the area. In addition it was agreed that due to the demand in this area finance be ringfenced from the budget to extend the service level agreement for a further year.

Members noted the financial position for the Area Council and for the Health and Wellbeing Fund and it was suggested that this be discussed in more detail at the proposed workshop.

**RESOLVED:-**

- (i) That the financial position be noted;
- (ii) That £26,840 be ring-fenced to enable the Private Sector Housing Post to be extended for a further year if required;
- (iii) That the Area Council Manager explores ways of utilising any underspend arising from the reduction in working hours of the Private Sector Housing Officer to support their work;
- (iv) That details of the two additional projects funded through the South Health and Wellbeing Fund be noted; and
- (v) That a workshop be arranged to hold a more detailed discussion to consider potential options for the commissioning budget, Health and Wellbeing Fund, and environmental enforcement income on 21<sup>st</sup> November, 10am-12noon.

## **25 Communications and Branding (Sac.25.10.2019/8)**

Members were reminded of the discussion at the previous meeting of the Area Council on the subject of communications and branding. The issue had been brought back to the Area Council for Members to provide their views on the options available.

Providing quality displays and A5 leaflets was supported, and members discussed using social media boosts in order to promote the services available through the Area Council or encourage volunteering. It was noted that social media would provide some statistics in order to help to measure reach, and value for money.

Members discussed purchasing space in the Barnsley Today publication, and many felt that the coverage of the area was inconsistent and that therefore this was not the preferred option.

**RESOLVED** That the Area Council Manager, in consultation with the Chair develops a programme to utilise the communications allocation which includes promotional displays and banners, the development of an A5 leaflet, social media boosts, and developing video content.

## **26 Public Health Briefing (Sac.25.10.2019/9)**

Diane Lee, Head of Public Health and Kaye Mann, Senior Public Health Practitioner were welcomed to the meeting.

By way of introduction, Members were made aware that though there were many areas of success, the presentation focused on areas that required improvement.

Members were reminded of the impact of the environment on health with only 10% of the health of the nation linked to access to health care; the remainder attributable to factors such as smoking, diet and drug and alcohol use.

Members discussed life expectancy for males and females noting that in the South Area for men the average was higher than the average man in Barnsley, but for women in the area it was lower than the average in Barnsley. However, when healthy life expectancy was discussed it was noted that in Barnsley as a whole, women would have a healthy life expectancy of 59, meaning that around 20 years of life was spent in ill health for many. It was suggested that figures specific to the South Area would be useful.

Members noted the higher than average rates for excess winter deaths in the South Area, and asked whether a breakdown of reasons could be provided to give further enlightenment to the causes including whether any of these were specific to certain areas or prevalent in certain housing tenures.

Those present acknowledged that smoking was a significant cause of premature death. For the South Area rates were higher than Barnsley and smoking in pregnancy rates were also higher. 89 people per year in the South Area died from smoking related illnesses. Smoking costs society in Barnsley £62.4m. Information

could be broken down to ward level, with for example in Wombwell £326,000 social care costs per year due to smoking, and 1 tonne of cigarette litter produced per year.

Members discussed vaping, and it was acknowledged that advice was that this was 95% healthier than smoking but was not recommended. With reference to assisting pregnant smokers to quit, Members heard that they were automatically referred for assistance, and had to make a decision to opt out if they so wished.

16% of adults registered in the South Area were obese, and Barnsley was 4<sup>th</sup> lowest area in Yorkshire and The Humber for physical activity. It was noted that rates for Cardio-vascular disease and Cancer in the South Area were higher than the Barnsley average, which was higher than the national average.

In relation to alcohol it was noted that in the South Area rates for alcohol related harm were higher than the England average. Members noted that there was now an Alcohol Alliance being established. In relation to young people, overall fewer drunk alcohol but those that did often did excessively. Members noted that issues with alcohol use were increasing in England, which was in contrast with the decrease being seen in other European countries. This was due to changes in drinking patterns, the normalising of alcohol and the cheap price at which it was often sold.

With reference to children and young people, there were higher than average levels of non-attendance for vaccinations, in the area particularly in the Hoyland Milton Ward. Levels of breastfeeding were comparable to Barnsley but much lower than the average nationally. Obesity for 4-5 year olds was higher than seen in the borough, but lower than the England average, but for 10-11 year olds rates were higher than that for Barnsley and England overall. Members noted the discrepancies between wards, and asked whether this could be broken down further into schools. Members also acknowledged that there were also issues related to children being underweight.

Surgical extractions, an indicator of oral health in children, were similar to the average in Barnsley, which itself was high compared to UK averages.

The South Area had high rates of depression in adults with 12.3% of adults with recorded depression; however levels of referral to IAPTs were low. Members questioned whether this may be due to high levels of medication being prescribed.

Suicide levels overall were declining, with 20 on average each year in Barnsley. From January 2018, 4 people have taken their own life in the South Area (3 male and 1 female). Members noted the work to promote awareness 'Alright pal' campaign to help combat this.

Members noted the high levels of referrals to My Best Life in the South Area, but also noted the high levels of complex needs and the need to ensure appropriate support services were in place.

Long term conditions were discussed, and it was noted that the South Area had the highest prevalence of diabetes in Barnsley, with 30% of those with diabetes not controlling their cholesterol and blood pressure correctly, a figure similar to Barnsley overall.

In addition 4,560 South residents were at risk of heart attack or stroke due to high blood pressure with more than 100 diagnosed not accessing the right treatment.

With reference to road safety 75 collisions were reported for 2018, with 1 being fatal, 18 serious and 55 slight. Members expressed an interest in more detail being made available.

**RESOLVED:-**

- (i) Thanks be given to colleagues from Public Health for providing the information;
- (ii) That further consideration be given to key areas where the South Area is significantly different statistically, including excess winter deaths, vaccination rates, depression and referral to IAPTs, smoking rates, social Isolation, healthy life expectancy, collisions and road safety, and excess weight, in order to discuss appropriate intervention by the Area Council.

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Chair

## Notes from Hoyland Milton and Rockingham Joint Ward Alliance Meeting

Wednesday 6<sup>th</sup> November 2019

Hoyland Lift Building at 5:00pm

Present	
Councillor Nicola Sumner	Rockingham Ward (Chair)
Councillor Chris Lamb	Rockingham Ward
Councillor Mick Stowe	Hoyland Milton Ward
Councillor Robin Franklin	Hoyland Milton Ward
Councillor Tim Shepherd	Hoyland Milton Ward
Joy Hart	
Peter Latham	
Allan Wood	Owd Martha's Yard Community Garden
Anne Sanderson	Neighbourhood Watch
Dawn Grayton	BMBC South Area Team
Janet Cartwright	Friends of Elsecar Park
Neil Spencer	Forge Community Partnership
Apologies	
Councillor Jim Andrews	Rockingham Ward
Ian Warhurst	Hemingfield Action Group
Patricia Gregory	Walderslade Surgery
Leanne cook	Berneslai Homes
Joan Whittaker	

### 1 Welcomes and Introductions.

Everyone was welcomed to the meeting no new introductions were announced.

### 2 Tidy Team Update

Nobody present at the meeting however we were informed that they are still looking into recruiting more volunteers and are pro-actively visiting schools with presentations to get people interested in what they are doing for the community.

### 3 Promotion of Ward Alliance Spending.

- Previously the Ward Alliance took a vote on a new logo which has now passed and will be used in future correspondence.

#### 4 Ongoing Projects.

Elsecar Heritage Railway – Disallowed

#### 5 Projects that needed Ratifying:

- PA System – Allowed
- Stars of Hoyland – Allowed
- Christmas in Hoyland – Allowed

#### 6 New Projects:

- A Babbling Brook / Book Publication – Allowed
- West Bank House / New Cooker – Allowed
- Mates of Milton / Milton Ground Force – Allowed

#### 7 Any other Business

Friends of Elsecar Park have a battery-operated PA System that they are willing to give to the South Area Team office staff. It is then to be stored in the Hoyland Lift Building for any other community team to make use of in the future.

The Ward Alliance through the Chair passed on their congratulations to Friends of Elsecar Park, for reaching the finals in the love where you live category for Pride of Barnsley this year and Owd Martha's Yard is also in the running for an award in Pride of Barnsley again this year.

The chair also mentioned there is a pot of money worth £10,000 for each Ward Alliance to spend on community projects which need to be submitted and voted on by next meeting.

8 Date of the next meeting on Wednesday 8<sup>th</sup> January 2020 at Hoyland Centre at 5:00pm

**Darfield Ward Alliance**  
**Notes of meeting held Thursday 21<sup>st</sup> November r2019 @ 4.00pm**  
**At Billingley Village Hall**

**Present:** Cllr Caroline Saunders, Cllr Trevor Smith, Brian Moore, Michael Fenna, David Hildred, Margaret Barlow, John Davies, Tanya Dickinson (Community Development Officer), Barbara Tindle (Secretary)

- 1. Introductions and Apologies** – Caroline welcomed John Davies who is now a Ward Alliance member. Apologies from Cllr Pauline Markham, Nicola Farrar and Colin Ward.
- 2. Minutes of last meeting and matters arising**  
Minutes were Agreed  
The Billingley Drop-in Internet Café started on Tuesday 19<sup>th</sup> November and will be held every fortnight at the village hall.  
Wombwell Recreation Ground application - Wombwell Ward Alliance did agree to pay the other half.  
Friends of Darfield Church Yard group although nominated for the LWYL award at Pride of Barnsley they did not win.
- 3. Ward Alliance Fund – Balance £5,341**

For ratification:

- Darfield Museum - A Christmas Tree for Darfield £300 – ratified  
This event is taking place on Monday 2<sup>nd</sup> December at Darfield Museum at 3.30 pm
- Plevna & Parva Community Group - Christmas Celebration Event £235 – ratified  
This event is taking place on Saturday 30<sup>th</sup> November at Middlecliffe WMC at 5 pm

**The WA fund now stands at £4,806**

New applications:

- Darfield Cricket Club - Winter Training £1000  
After discussion it was agreed to award 90% of funding in line with previous applications. Amount awarded £900
- Exodus Project – Weekend Camps £1,925  
After discussion it was agreed to award in full.
- Mitchell & Darfield Fishing Club - Plumpton Pond £1,480  
After discussion it was agreed to split this amount as the fishing pond is on the boarder with Wombwell and funding could be applied for at Wombwell Ward Alliance. It was agreed to award £740
- DWA - Brain Train  
Tanya still working on this application. Tanya gave a brief outline on this online training. There are 50 log-ins for people to access a variety of online courses.

Workshops need to be set up for Food Safety, First Aid, Safe Guarding as well as Social Media/Publicity and funding help for small groups. Also included is £500 to purchase 5 tablets for people to use at the drop-in sessions however, can be stored for use by the Ward Alliance members for future project work. Barnsley Council Digital Champions have been contacted and will support a bi-monthly drop-in to support people on their journey. A suggestion of an end of training recognition event to thank everyone for taking part with maybe a pie and pea lunch/supper. Ward Alliance members agreed in principle for this application – email to follow once completed.

**Action - Tanya**

#### **4. Project ideas for Additional 10K Ward Alliance Fund**

The Alliance have been allocated an extra £10,000 and can be carried forward to the next financial year but needs to be ring fenced now for projects. Tanya gave various ideas as a starting point but asked members to think about the WA priorities and what they would like to see moving forward into the new year. Trevor asked if anything could be done to help residents on Church View that is in the flood area. The private road needs to be levelled off and needs to be self-draining. Tanya to ask if the Alliance fund can be used for this type of project. David pointed out that one of the WA priorities was looking at reducing loneliness and that maybe look at transport for residents unable to get to groups and events. Tanya informed members that the Area Council have commissioned Age UK and have been working on a volunteer car scheme in Penistone which seems to be working well. Concerns were raised with regards to car insurance Tanya to explore how this works in Penistone.

Can you please let Tanya know your preferred 2 project choices for exploring further by Wednesday 11<sup>th</sup> December 2019. **Action – All members**

#### **5. Project Updates**

Healthy Holidays is still continuing. The previous 2 events – Hands on History event hosted by Darfield Museum was not well attended only 5 children attended. Tanya to send a thank you letter to the Museum for holding the event. The 2<sup>nd</sup> event was held at the Cenotaph – Upperwood school came along to tidy ready for the Remembrance Sunday event however rain stopped the other 2 schools from attending. An impromptu Poppy making event was held on the Saturday and 5 adults and 7 children came along. All poppies were then decorated at the Cenotaph.

#### **6. Any Other Business**

Community Networking Event – this is a follow up event as people found it beneficial last time. This event has been organised for Wednesday 5<sup>th</sup> February 2010 4pm – 6pm. Same format but this time focussing on Green Space.

Tanya's new working arrangements – 2.5 days in the South and 2 days in Penistone. One week she'll be in Darfield Tuesday/Wednesday/ Thursday and the second week Wednesday/Thursday the hours will be the same.



**7. Date and time of next meeting**

Thursday 16<sup>th</sup> January: 1pm afternoon tea in Mayors Parlour

2:30pm Ward Alliance meeting in Meeting Room 3, Barnsley Town Hall

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**Notes from Ward Alliance meeting 18<sup>th</sup> November 2019**

1. **Present:** Cllr Frost; Cllr Eastwood; Sabeena Chavan; Karen Whiting; Chelsey Rigby; Margaret Morgan; Carmel Seston; Keith Seston. Amanda Bradshaw (BMBC)
2. **Apologies** Cllr Griffin; Leanne Cook
3. Welcome from Vice Chair(Cllr Frost) and introductions for new members Carmel & Keith.
4. **Minutes last meeting /Matters arising.**  
Minutes were accepted as a true record. Matters arising Item 3 AB informed the group that she had organised a meeting with Dorothy Coates who has been running a community based youth project in the North East Area for a number of years. AB will bring the outcome of this to the next meeting.

**5. Funding Applications**

Friends of Wombwell Park approved £972.

Well-Being Craftanoon approved £961

Wombwell Main Cricket Club approved £570

Lundhill Community Group approved £1000

Parents & Friends from Park St (Deferred from last meeting) approved £1500

Regarding the Friends of Wombwell Park funding application AB to speak to the Grants Team re ordering notice board.

The WA raised concern about having an influx of applications from local schools. A discussion took place and it was agreed to restrict WA funding to 1 school per year based on merit of the application e.g. it benefited the wider community and addressed Ward priorities. Schools could only make 1 application to the WA fund every 2 years and there would be a limit of £1500.

**6. High St Christmas Event**

AB informed the meeting that plans were well on the way. Community Groups had been invited and there would be a lantern procession again this year. Salvation Army band had been confirmed and would be playing from 3.30pm by the Christmas tree. 16 lamp

post motifs had been ordered and were going to be erected by BMBC street lighting. As agreed these motifs and work will be funded from the Mary Portas fund. The group also agreed for street lighting to reconnect power for the Christmas tree estimated cost £400 to £500. This would be a one off cost and again will be funded through the Mary Portus fund.

The meeting was informed of a need to find storage for the motifs. A couple of local venues were mentioned and these needed to be explored.

#### **7. Defib for High St.**

AB went through the conditions of the Defibs in the local community scheme which is to be facilitated by Yorkshire Ambulance service and agreed to be considered and to contribute £500 from the WA budget. Discussion took place on where to locate the defib on the High St. It needed to have 24/7 access and outside Tesco express was identified. AB is to look into the logistics of this and report back to next meeting.

#### **8. Ward Alliance Account**

The meeting was informed that Brian Whitaker had stepped down as treasurer. The accounts have been handed into the Area Team's office. The last bank statement was 7/3/2018 and there was £2983.89 in the account. In accordance with Governance there will be no more WA project funding going into this account. Action review signatures for this account.

**9. A.O.B** The group were updated on the Brain Training programme and if anyone would like to access this training contact Amanda for an account & password. 3 members of the WA had already accessed passwords. AB asked this member to feedback on their experience of the training.

**10.** AB informed the group that Ward Alliances had been given an additional £10,000 on top of the original £10,000 fund. This extra funding can be carried over into the next financial year. So there is time to explore and consider projects that would benefit Wombwell and its residents. However we will need to have identified projects by the end of March.

**11. Date of next meeting Monday 20<sup>th</sup> January 6pm at Wombwell Cemetery Community Hub.**

## 2019/20 WARD FUNDING ALLOCATIONS

For 2019/20 each Ward will have an allocation of £10,000 Ward Alliance Fund. Plus an extra £10,000 per ward given in November 2019.

50% of the funding requires a match-funding element of volunteer time that directly relates to the project in question, or other match funding resources (such as free room hire or donations of goods and equipment). This reflects the fact that the fund is intended to support volunteering and social action in our communities.

50% can be used for initiatives that have no volunteer element – such as the purchase and installation of benches, hanging baskets or other street furniture.

Area Councils have the option to allocate up to £20,000 from the Area Council budget to each of their Ward Alliances. This is discretionary to each Area Council, and Area Council's may also choose not to allocate any funding to ward level.

The carry-forward of any remaining balances of the 2018/19 Ward Alliance Fund will be combined and added to the 2019/20 Allocation, to be managed as a single budget with the above conditions.

All decisions on the use of this funding need to be approved through the Ward Alliance.

## DARFIELD WARD ALLIANCE

For the 2019/20 financial year the Ward Alliance have the following available budget.

£10,000	base allocation
£10,000	Extra allocation
£1,377	carried forward from 2018/19
£0	devolved from Area Council
£2,500	Healthy Holidays 2019
<b>£23,877</b>	<b>total available funding</b>

Project	Allocation	Match funding element of allocation	Non Match funding allocation remaining	Allocation Remaining £23,877
Barnsley International Youth Choir	£243.27	£4,728.50	£11,938.50	£23,633.73
MAMA Renewing Equipment	£200	£23,856.66	£11,938.50	£23,433.73
DWA Healthy Holidays	£3500	£1,540.14	£11,938.50	£19,933.73

Secretary Payment Q1 – Barbara Tindle	£125	£0	£11,813.50	£19,808.73
Plevna & Parva Volunteer Community Group	£200	£432.32	£11,813.50	£19,608.73
Winter wellbeing Event	£1186	£621.46	£11,813.50	£18,422.73
Secretary payment	£125	£0	£11,688.50	£18,297.73
Friends of Darfield Church Yard – work on trees	£960	£338	£11,688.50	£17337.73
Broomhill Residents Barnsley – Christmas tree trimming	£160	£283.71	£11,688.50	£17,177.73
Barnsley Leaders Junior Basketball Club	£250	£3175	£11,688.50	£16,927.73
Wombwell Recreation Ground	£977.89	£29,722	£11,688.50	£15,949.84
A Christmas Tree for Darfield	£300	£499	£11,688.50	£15,649.84
Christmas Celebration Event	£235	£567	£11,688.50	£15,414.84
Secretary Payment – Barbara Tindle	£125	£0	£11,563.50	£15,289.84

Exodus – weekend camps	£1925	£3,459	£11,563.50	£13,361.84
Mitchells & Darfield Angling Club	£740	£5,471	£11,563.50	£12,624.84
Darfield Cricket Club	£900	£2,431	£11,563.50	£11,724.84

### HOYLAND MILTON/ROCKINGHAM WARD ALLIANCE

For the 2019/20 financial year the Ward Alliance have the following available budget.

£20,000	base allocation
£20,000	Extra allocation
£131.00	carried forward from 2018/19
£0	devolved from Area Council
£5,000	Healthy Holidays AC allocation
<b>£45,131</b>	<b>total available funding</b>

Project	Allocation	Match funding element of allocation	Non Match funding allocation remaining	Allocation Remaining £45,131
Hoyland Common Action Group - Your Sunday Biscuits Matinee Cinema  (ear marked 1819)	£2,138	£660.80	<b>£22,565.50</b>	
Elsecar Cricket Club 2019 (ear marked 1819)	£1850	£1858		

Jump Jenealogists - 'After the war was over' (ear marked 1819)	£669.66	£3,917.90		
Friends of Hoyland Library – Coding Club	£609.86	£2,593.92	£22,565.50	£44,521.14
Jubilee Singers	£375	£1,534	£22,565.50	£44,146.14
Hanging Baskets – Hemingfield	£984	£0	£21,581.50	£43,162.14
Barnsley Youth Choir	£429.30	£2,161.60	£21,581.50	£42,732.84
Youth Partnership	£2525	£6,484.80	£21,581.50	£40,207.84
Hoyland Community Choir	£620	£621.46	£21,581.50	£39,587.84
Joint Ward Alliance Fund	£5,000	£0	£16,581.50	£34,587.84
Jump Environmental group	£973.20	£1296.96	£16,581.50	£33,614.64
Planting up the Cenotaph	£950	£3,782	£16,581.50	£32,664.64
Joint WA – Public Address System	£220	£338	£16,581.50	£32,444.64
Christmas in Hoyland	£2483.74	£864	£16,581.50	£29,960.90
Owd Marthas Yard Community Garden	£2348.11	£1621	£16,581.50	£27,612.79



West Bank House – Replacement Oven	£750	£432	£16,581.50	£26,862.79
Mates of Milton - Groundforce	£929	£410	£16,581.50	£25,933.79
A babbling brook	£500	£405	£16,581.50	£25,433.79

### WOMBWELL WARD ALLIANCE

For the 2019/20 financial year the Ward Alliance have the following available budget.

£10,000	base allocation
£10,000	Extra allocation
£4,650	carried forward from 2018/19
£0	devolved from Area Council
£2,500	Healthy Holidays

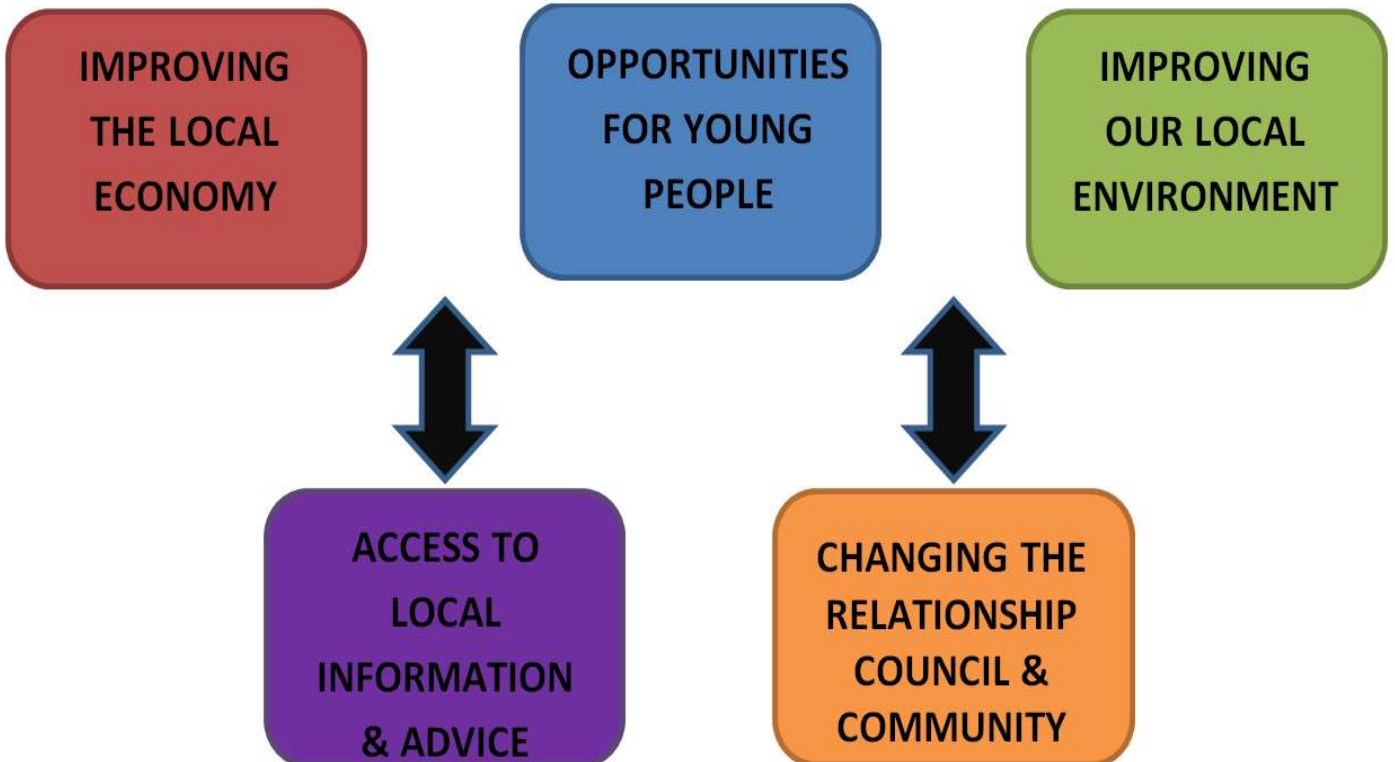
**£27,150 total available funding**

Project	Allocation	Match funding element of allocation	Non Match funding allocation remaining	Allocation Remaining £27,150
WWA – High Street Hanging Baskets (ear marked 1819)	£1440		<b>£13,575</b>	
WWA – Healthy Holidays	£2500	£2,323.72	£13,575	£24,650
Friends of Wombwell Park – Picnic in the Park	£600	£2,310.21	£13,575	£24,050

John Street Allotment Assoc – Unicorn Gardens	£472.71	£297.02	£13,575	£23,577.29
Sustaining Basketball Opportunities	£250	£3648	£13,575	£23,327.29
High Street Christmas Event	£820	£1,398	£13,575	£22,507.29
Chairs for Clubhouse	£906	£1,689	£13,575	£21,601.29
Crafts for H&WB	£961	£1823	£13,575	£20,640.29
Lundhill Community Group	£1000	£1200	£13,575	£19,640.29
Friends and Parents of Park Street	£1500	£4053	£13,575	£18,140.29
Friends of Wombwell park	£972	£1080	£13,575	£17,168.29
Wombwell Main Cricket Club	£570	£600	£13,575	£16,598.29

**SOUTH AREA COUNCIL**  
**Performance**  
**Management Report**  
**January 2020**

South Area Council Priorities



## SOUTH AREA COUNCIL COMMISSIONED SERVICES:

Themes	Commissioned Service/ activity	Provider	Contract Value/length	Contract dates
Improving our Local Environment	Tidy Team	Anvil Community Interest Company	£189,955 per annum + 1 year	1 <sup>st</sup> April 2019 – 31 <sup>st</sup> March 2021
Improving the Local Economy				
Opportunities for Young People				
Improving our Local Environment	Environmental enforcement for parking enforcement	District Limited	£14,956 per annum + 1 year	1 <sup>st</sup> April 2019 – 31 <sup>st</sup> March 2021
Access to Local Information & Advice		BMBC SLA	£5000 + 1 year	
Access to Local Information & Advice	Provide community based welfare rights & citizens' advice session	Barnsley Citizens' Advice Bureau	£79,572 per annum + 1 year	1 <sup>st</sup> July 2019 – 30 <sup>th</sup> June 2021
Improving the Local Economy	Private Sector Housing Project	BMBC	£32,580 per annum + 1 year	End of September 2021
Improving our Local Environment				
Access to Local Information & Advice	Better Together service	Age UK Barnsley	£59,560 per year + 1 year	1 <sup>st</sup> October 2019 – 30 <sup>th</sup> September 2021
Access to Local Information & Advice				
Improving the Local Economy				
Opportunities for Young People	South Area Council Healthy Holidays Programme	Ward Alliances and Area Council	£10,000 (£2500 per Ward)	Summer 2019 – 31 <sup>st</sup> March 2020
Access to Local Information & Advice				
Improving the Local Economy	South Health and Wellbeing Fund BMBC Public Health and South Area Council	TADS for Well Being project £4110 Young Wellbeing Ambassadors, Targeted Youth Support, £4450 DIAL Community workshops, £2400 Fareshare Yorkshire, Step forward programme, £4850 Reds in the Community, £4998 Age UK Barnsley, Wombwell Men in Sheds - £5000	£10,000 South Area Council and £24,870.49 BMBC Public Health	June 2019 – June 2020
Opportunities for Young People				
Access to Local Information & Advice				
CHANGING THE RELATIONSHIP COUNCIL & COMMUNITY				

# PART A - OVERVIEW OF PERFORMANCE

The information which follows is a summary of the information provided to the South Area Council Manager at quarterly contract management review meetings. This includes both quantitative figures appended in the tables below and more qualitative information which is outlined in the short narrative report included for each project. There are occasions when the quarterly review dates do not mesh with Area Council reporting dates, which means that the 'achieved to date' figures may not have changed from the previous report, as the new quarterly data is not yet due at time of writing.

## Improving our Local Environment

Commissioned services contributing to these targets are:

- Tidy Team
- Environmental enforcement
- Private sector housing project



= New target or newly recorded as part of this report from 1<sup>st</sup> April 2019

Outcome Indicators	Achieved to date	Previous
Number of large environmental projects developed with local people	126 (117)	
Number of litter picks completed	2661 (2507)	
★ Number of litter picks completed in partnership with local people	77	
Number of small environmental projects developed with local people	1285 (1277)	
★ Number of community clean ups delivered in partnership	41	
★ Number of intergenerational/ community cohesion projects	3	
★ Number of fly tipping incidents dealt with	145 (144)	
★ Number of stewardship type schemes delivered	4	
★ Number of annual projects/ campaigns supported	3	
★ Number of volunteers trained	370	
★ Number of reactive clean ups	14	
★ Number of bags of rubbish collected		
★ Enforcement Patrolling hours completed	445	
Targeted littering /Parking/ Dog fouling operations	465 (424)	
Number of fixed penalty notices issued – littering	2583 (2568)	
Number of fixed penalty notices issued – dog fouling	1518 (1517)	
Number of Parking PCNs issued	1370 (1128)	
Number of initial contacts made with private sector tenants *	514 (489)	
Number of vulnerable households identified	93 (79)	
Number of internal physical property inspections carried out	197 (195)	
Number of properties improved because of service intervention	154 (135)	
Number of informal requests for action to landlords	105 (98)	
Number of formal notices- private landlords	6 (5)	
Number of people sign posted to other services	73 (69)	
Number of legal prosecutions / action	0 (0)	
No. of Fly tipping cases tackled	154 (14)	
★ No. of households directly supported with responsible waste disposal/recycling		

# Access to Local Information & Advice

Commissioned services contributing to these targets are:

- Barnsley Citizens' Advice Bureau
- DIAL Community Workshops
- Age UK Barnsley – Better Together Service
- Age UK Barnsley – Wombwell Men in Sheds



= New target or newly recorded as part of this report from 1<sup>st</sup> April 2019

	Achieved to date	Previous
Number of unique individuals seen in the South Area	4156	(3865)
★ % repeat clients per quarter	26%	
★ % of clients enabled to self- help to reduce repeat demand per qtr	17%	
★ % of clients enabled to partially self- help (via Check & Send or similar) per quarter	27%	
Overall benefit gain in £	£3,983,957	(£3,561,239)
★ Number of appeals & mandatory reconsiderations supported since April 19	55	
★ Numbers referred to Credit Union or money management support	402	(400)
★ Number of clients supported dealing with employment /tribunals		
★ Number of clients signposted for IT training and/ or functional skills	7	
★ Number of residents requiring digital access but do not have mobile / home access to the internet		
★ Number of CAB volunteers recruited and trained	139	
Numbers referred to other specialist provision	1346	(1325 )
Number of financial / debt settlements negotiated	7	
Amount of debt managed in £	£2,671,905	(£2,562,719)
Number of clients where homelessness averted since April 19		
★ Total number of 1:1 service users referred to AGE UK service		
★ Number of new Good Neighbour relationships		
★ Number of people accessing local services as a result of support		
★ People supported to access new activities and join new groups		
★ Number of people engaged in physical activity/ utilising outdoor space for exercise and health reasons (Public Health outcome)		
★ Number of people reporting improved levels of loneliness and isolation		
★ Number of Community Car Journeys		
★ No. of people who can travel independently as a result of this service		
★ Number of shops/ businesses worked with to become Dementia Friendly		
★ Number of people referred to Area Council commissioned services and projects (Private sector housing/ CAB/ Tidy Team, Ward Alliance projects)		
★ No. of people supported to tackle fuel poverty (Public Health outcome)		
★ Number of people participating in DIAL advice services workshop		
★ % of participants report increased skills and knowledge following DIAL workshops		
★ % of participants report increased confidence following DIAL workshops		
★ Number of men involved in Men in Sheds Project		
★ Number of men taking up activities through men in Sheds project		

## Improving the Local Economy

Commissioned services contributing to these targets are:

- Fareshare Yorkshire, Step forward programme
- Tidy Team
- Age UK Barnsley
- Enforcement contract
- Barnsley Citizens' Advice Bureau



= New target or newly recorded as part of this report from 1<sup>st</sup> April 2019

	Achieved to date	Previous
Number of apprenticeship opportunities created locally	20	(20)
Number of jobs created locally	14	(14)
★ Number of people achieving qualifications since April 19		
★ Number of people reporting an improvement to their confidence /physical wellbeing (Fareshare)		
★ No of people supported into work / employability skills (No target set- Age UK Barnsley and Fareshare)		
★ Number of businesses worked with (Tidy Team)	26	
% of local spend achieved by projects	97%	94%

## Changing the relationship between the Council and & the community

Commissioned services contributing to these targets are:

- Fareshare Yorkshire, Step forward programme
- Tidy Team
- Age UK Barnsley
- Enforcement contract
- Barnsley Citizens' Advice Bureau



= New target or newly recorded as part of this report from 1<sup>st</sup> April 2019

Outcome Indicators	Achieved to date	Previous
★ Number of celebration events and activities		
★ Number of intergenerational projects delivered	3	
Number of young people engaged in volunteering	1087	(1040)
Number of adult volunteers engaged	1498	(1440)
Number of new community groups established	16	(11)
★ Number events / galas supported	6	( )

## Opportunities for Young People

Commissioned services contributing to these targets are:

- TADS for Well being project
- Young Well being Ambassadors, Targeted Youth Support
- Reds in the Community – Fit reds and Healthy Kicks programme
- Tidy Team



= New target or newly recorded as part of this report from 1<sup>st</sup> April 2019

	Achieved to date	Previous
★ Number of primary aged children receiving four 1:1 Health and well being support sessions (TADS)		
★ Number of trained Secondary school Youth Ambassadors		
★ Number of young people attending well being drop in sessions		
★ Number of men/women accessing Fit Reds programme		
★ Number of people increasing their levels of Physical Activity/ leading a healthier lifestyle through Fit Reds programme		
★ Number of people having a reduction in weight/ blood pressure and awareness of CVD		
★ Number of pupils increasing their knowledge on how to lead a healthy lifestyle.		
★ Number of pupils involved in Primary school Healthy Kicks programme		
★ Number of 'Veterans'/Fitness group established		
★ Number of primary school environmental education sessions	12	
★ Number of secondary school environmental education sessions	2	
★ Number of environmental education session in a community setting	20	
★ Restorative justice sessions for young people		



# PART B - SUMMARY PERFORMANCE MANAGEMENT REPORT FOR EACH SERVICE

## Community Outreach One Stop Shop Advice sessions – Barnsley Citizens Advice Bureau



	RAG
Satisfactory quarterly monitoring report and contract management meeting.	●
Milestones achieved	●
Outcome indicator targets met	N/A
Social value targets met	●
Satisfactory spend and financial information	●
Overall satisfaction with delivery against contract	●

Barnsley Citizens Advice Bureau  
South Area Council Community Outreach Project

CAB submitted report:

1<sup>st</sup> July – 30<sup>th</sup> September 2019 (Generalist Advice)

During the quarter of this project (1<sup>st</sup> July 2019 – 30<sup>th</sup> September 2019) the generalist adviser assisted a total of **152** clients. Out of this figure there were 117 unique clients and 35 non-unique clients.

The top three enquiry areas were benefits, debt and consumer. However, there are still high levels of enquiries relating to, employment, housing, and relationships/family. One reason for the big increase in consumer enquiries were 2 repeat (non unique) clients whose issues could not be resolved in just one visit, and both clients returned to outreach service numerous times.

Although only 3 clients were able to fully help themselves, 67 were able to partially self help. Hopefully this will lead to fewer repeat clients moving forward.

Of the 152 clients I saw

- 31 were from Darfield ward (21%)
- 37 were from Hoyland Milton ward (24%)
- 50 were from Rockingham ward (33%)
- 34 were from Wombwell ward (22%)

Of the 152 clients I saw 86 (57%) were disabled, of those 40 (61%) had mental health issues.

Long-term health condition: 19  
Physical impairment (non-sensory): 17  
Mental health: 40  
Multiple impairments: 3  
Hearing impairments: 4  
Visual impairments: 1  
Learning difficulty: 2  
Non disabled: 66

### Report 1<sup>st</sup> July 2019 – 30 September 2019 (Welfare Rights).

During the quarter a total of **217** clients were seen by the welfare rights adviser, made up of **174** unique clients and **43** repeat clients. There is still an overall downward trend in the number of repeat clients being seen, with **46** clients this quarter enabled to self-help or partially self-help to reduce the need for repeat visits.

For this quarter the confirmed monetary value of benefits gained by clients is **£422,718**. A significant percentage of this total is again due to successful DLA/PIP appeals during the quarter. It should be noted that currently in Barnsley it is taking upwards of 10 months for benefit appeals to reach a tribunal hearing (in addition to the time taken to start the appeal following mandatory reconsideration), so the awards achieved in this quarter may be the result of more than 12 months client support. Wherever possible the client is assisted to self-help so they can manage the appeal process without additional support, but for the increasing number of clients seen at outreach with mental health disabilities more regular and sustained support is often required.

Two clients this quarter received benefit awards in excess of £30,000, nine clients received benefit awards of between £10,000 and £20,000 and a further twenty clients received awards or increases in excess of £5,000 per annum.

There has been a slight increase this quarter in issues seen that relate to residence rights in the UK and settled status benefit rights for EEA nationals and their families. It is anticipated that during the next quarter. this number will increase significantly once Britain has left the European Union. Even the slight increase seen this quarter has had a measurable impact on the level of casework support required for clients with residency queries, as the complexity of the issues (married to the current uncertainty about which legislation will be valid once Britain has left the EU) can create a significant amount of legislative research.

For this quarter, 83% of all clients seen reported either a mental or physical health issue (or a combination). This is the highest percentage recorded for the project to date, echoing the increase in the number of PIP and DLA appeals dealt with in the quarter. There has also been a noticeable increase this quarter on the number of clients attending outreach sessions with their support workers (primarily mental health support teams or housing association tenancy support workers).

## Tidy Team – Forge Community Partnership/Anvil CIC

		<b>RAG</b>
<b>Children &amp; Young People</b>	Satisfactory quarterly monitoring report and contract management meeting.	
<b>Improving Environment</b>	Milestones achieved	
<b>Changing Relationship</b>	Outcome indicator targets met	
<b>Local Economy</b>	Social value targets met	
	Satisfactory spend and financial information	
	Overall satisfaction with delivery against contract	

Tidy Team – Anvil CIC have been appointed as the provider for a new contract to start running from the 1<sup>st</sup> April 2019. This contract will be run for one year with an option to run a second year subject to performance, funding availability and evidence of continued need. The new contract has a strong educational focus which will include looking at tackling dog fouling and littering.

At contract meetings the Tidy Team contract manager has highlighted that milestones regarding the recruitment of 2 of the 4 apprentices had not taken place and that the existing 2 apprentices started later than anticipated resulting in an underspend and vacancies. The contract manager has reported that it has been difficult to recruit young people with the skills to complete a level 2 qualification to these posts. At a Members briefing in December the South Area Council Members discussed a number of proposals to address this. Improving the local economy is a key priority for the Area Council and this contract. It was agreed that the contract would widen the scope of recruitment to include 1 adult apprentice in year 2. The budget would therefore allow for 1 young apprentice and 1 adult apprentice in year 2 and 2 young apprentices in year 1. As this will create an underspend the intention would be to ringfence the budget with the intention to continue to try to recruit to more young apprentices through the rest of the contract.

In addition to the apprentices the Tidy Team contract manager reported that the Education officer post has not been recruited to. The new contract has a strong focus on education and behavioural change and accounts for a number of new

targets within this contract that the officer would be responsible for delivering. The education officer post was profiled in the budget from the 1<sup>st</sup> April 2019. Some of the hours are being covered by staff from Forge community partnership as an interim arrangement. The post was advertised as a term time 24 hours per week post. Members have agreed to the budget being reprofiled for a full time 30 hours post instead of term time from January 2020. The red rating reflects where the contract is on the recruitment. It is anticipated that this will improve as a result of the changes agreed by the Tidy Team and South Area Council Manager and Councillors.

The Tidy Team continue to deliver against their targets with some examples of their work and submitted case studies in the appendices.

## Environmental Parking Enforcement – District

Improving Environment		RAG
	Satisfactory quarterly monitoring report and contract management meeting.	●
Local Economy	Milestones achieved	●
	Outcome indicator targets met	N/A*
	Social value targets met	●
Changing Relationship	Satisfactory spend and financial information	●
	Overall satisfaction with delivery against contract	●

### South - Area Qtr 2 Report. Jul - Sep 2019

The enforcement contract has started very positively with a clear emphasis on behavioural change. The officers have met with the South Area Council and have been extremely proactive in their approach to this work. As a result of discussions with members the officers have been working with one primary school per ward to look at supporting parents to park more considerately and safely. The feedback from this work has been positive and this can be seen in the case studies attached.

The officers have been asked to monitor the number of 'drive offs' where tickets are not able to be issued but where the service is having an impact on keeping traffic moving.

#### District report submission:

**Overview.** The South Area is contracted to 0.5 x officer, achieved this quarter is 231.5 patrol hours which is 96.26% Contracted hours.

To date 10 FPN's and 131 PCN's for parking have been issued in the area. The Officer concentrates his patrols around the Wombwell and Hoyland areas, but has carried out patrols of the Darfield area as well. We have also been utilising

intelligence led information from the parking tasking received via BMBC Parking Services process and also from complaints on the street, from the community at large.

As before the administration time of issuing a ticket (approx. 6 -7 minutes) has caused a problem with issuing the PCN's within the area as the offenders have witnessed the officer at the side of their car, noting the details and they quickly return and drive away. This quarter we have had 116 occasions where the officer has commenced logging the vehicle but the driver has quickly turned up and drove away before the process could be completed.

A concern raised at a meeting with Councillors was parking at the local schools in the South Area. It was agreed there would be an operation carried out around the schools in the area where an amnesty was in place for the first four weeks of the school year. Four local schools were selected by each of the four ward's councillors (Birdwell Primary, Upperwood Academy Primary School, High View Primary Learning Centre and Jump Primary School) and the four week operation took place, during which District Officer's handed out leaflets to parents who parked illegally on the yellow zigzags or double yellow lines, whilst dropping their children off at the schools. The Officer's warned them of the offence they were committing, but informed them no PCN was going to be issued at this time, but any repeat of the offence by the same person would result in a PCN being issued. The officer spent time talking with the schools lollipop person as well as the parents and gained lots of valuable information.

As part of the service provided by District a further option of payment has been offered in which the offender has the option to pay at the Post Office or any Payzone outlet and the printed ticket has a unique bar code at the top of it to facilitate this. £200.00 has been received through this method of payment.

### **'Litter Picking' days**

There have been no juveniles within the South Area community issued with a FPN. A Litter pick will continue to be offered as a means of discharging liability for the notice.

# Private Sector Housing Enforcement Officer – BMBC

## Community Safety

		<b>RAG</b>
<b>Local Economy</b>	Satisfactory quarterly monitoring report and contract management meeting	●
	Milestones achieved	●
	Outcome indicator targets met	●
<b>Changing Relationship</b>	Social value targets met	●
	Satisfactory spend and financial information	●
<b>Access to Local Advice</b>	Overall satisfaction with delivery against contract	●

Following a successful contract review of the Private Sector Housing post the South Area Council have extended this post for a further 13 months from 2<sup>nd</sup> September 2019. At the Area Council meeting on the 25<sup>th</sup> October Members agreed a further 12 months of this post subject to continued need, funding availability and satisfactory performance.

A new officer took up this post on the 2<sup>nd</sup> September 2019, the officer has been working to establish good links in the area and is prioritising cases in order to work through any casework that has been outstanding as a result of the staff vacancy. The number of interventions this quarter, 25, reflects that the officer is new in post. The officer has made a very positive start with 7 informal requests for action already being made to landlords.

## South Health and Wellbeing Fund

First round of quarterly reports due January 2020. To be updated.

<b>Improving the Local Economy</b>	South Health and Wellbeing Fund	TADS for Well Being project £4110	£10,000	June 2019 – June 2020
<b>Opportunities for Young People</b>	BMBC Public Health and South Area Council	Young Wellbeing Ambassadors, Targeted Youth Support, £4450	South Area Council and £24,870.49	
<b>Access to Local Information &amp; Advice</b>		DIAL Community workshops, £2400	BMBC Public Health	
<b>CHANGING THE RELATIONSHIP COUNCIL &amp; COMMUNITY</b>		Fareshare Yorkshire, Step forward programme, £4850		
		Reds in the Community, £4998		
		Age UK Barnsley, WPage 34 in Sheds - £5000		

## **Appendix 1 Community Outreach One Stop Shop Advice sessions – Barnsley Citizens Advice Bureau**

### **Case Study Jul-Sept 2019**

The client is a single parent with one dependent child and is a non UK/non-EEA national (though is a family member of an EEA national). They had been refused Universal Credit and Child Benefit, with both the DWP and HMRC taking the same stand regarding the client's lack of a legitimate right to reside in the UK. The client was assisted to request mandatory reconsiderations on both decisions. The client could not be assisted to self-help because of language difficulties and poor literacy. Neither MR request was successful, and the client was further assisted to request appeal hearings for both the DWP and HMRC decisions.

During this process the client had no benefit income (and no income at all other than a small amount of money each month from one family member and a free roof over their –and their newborn child's – heads provided by another family member). The client was provided with foodbank vouchers in the short-term but this would not have been sustainable for the 10 or more months it would take for the appeals to be heard.

Additional legislative arguments were made on the appeal submissions, and HMRC's legal department contacted the client to advise that they had reversed their decision and had now accepted that the client did have a legitimate right to reside in the UK. Child Benefit was put into payment immediately and three months back-payment was also made.

HMRC's decision has been passed to the tribunal service as evidence in the DWP appeal, and whilst there has been no response from the DWP as yet, for the Universal Credit claim the client is able to rely on the same right to reside as for Child Benefit so there are no longer grounds to deny the Universal Credit claim.

The additional weekly child benefit has been sufficient for the client not to require foodbank support whilst the UC appeal is resolved, and it is now highly likely that the UC appeal will result in an award of UC and a back-payment of over 10 months of benefit.

Whilst the final outcome of the UC appeal is unknown, if the child benefit alone is taken into consideration this case study highlights how even a relatively small additional income can significantly change the client's circumstances. The improvement to the client's wellbeing was apparent following the HMRC reversal, as it ended their reliance on charitable support as well as providing evidence that the Universal credit appeal was also likely to be successful.

There is likely to be a significant increase in such cases once Britain leaves the European Union.

### **Case Study Jul-Sept 2019**

The client was working age living in a mortgaged property but unable to work through ill health and was claiming contribution-based ESA. They attended outreach because they had been sent a form by the DWP requesting details of their circumstances from 2010 onwards, and wanted to know why, or even if, they needed to complete this.

I explained that this form has been sent to all ESA claimants who were transferred from Incapacity Benefit as the court has ruled that the DWP have to check if these claimants had been underpaid ESA, as many people were who were transferred from Incapacity Benefit. The form indicated that the client was unlikely to be due much in additional ESA as they had savings in excess of the capital threshold for much of the period since their transfer to ESA in 2010. However, investigation of the client's circumstances indicated that their savings had now dropped below the threshold and they would be entitled to income-based ESA so it was worth completing the form.

As the drop in savings also now meant the client could request assistance with housing costs they were about to make a claim for Universal Credit as they had been advised by the jobcentre that help with mortgage interest was done through Universal Credit. They did not require assistance with this claim as they were planning to attend the jobcentre the next day for help. The client was not aware that support for mortgage interest now took the form of a secured loan on the property. Nor were they aware that they would have to wait nine months to get this loan.

Discussion with the client also suggested that they had an entitlement to PIP, which in turn would lead to an entitlement to the severe disability premium as part of their new income-based ESA award. As SDP cannot be claimed under Universal Credit the client would have lost the chance to claim it had they claimed Universal Credit.

As the client had some mental health issues and I felt it was inappropriate for them to try and manage several claims simultaneously, I assisted the client to make the claim for income-based ESA and referred them to the outreach monthly appointment session for assistance to complete a PIP claim form.

Both the ESA and PIP claims were successful, and the client was then assisted to claim the severe disability premium as part of their ESA award.

Whilst there is no great complexity to this case, it does highlight the benefit of investigate a client's situation even if the presenting issue has already been resolved. Once I had explained the purpose of the ESA form the client had started to leave the outreach, and had they done so they would not have gained £28,700 in PIP payments over the next 4 years plus an increase in their annual ESA payments of £4056 (which would not have been possible if the client had claimed Universal Credit as they were intending to). They also got a one-off payment of £600 in backdated underpaid ESA, which is what they came in for.

## **Appendix 2 Tidy Team – Forge Community Partnership/Anvil CIC**

### **Case Study Jul-Sept 2019**

O'YLE IN WALL – O'YLE IN LITTER
A small group of people, some with physical and physiological disabilities, meet socially in a local pub were encouraged to join us for a litter pick.
The initiative was developed following a conversation the Team had with the landlady of this establishment as we were promoting the Team's work. She was concerned that a group who met in the pub every Thursday afternoon were becoming bored, didn't integrate with the community and lacked direction. The aim of the project was to encourage the group to be outdoors to have the focus of a project and to help their well being in contributing to something that was part of the wider community. We agreed we would start with a local litter pick which would be simple to manage with the Team being unaware of the volunteers' capabilities.



The event took place 5 September 2019. 22 volunteers joined the Team on a local litter pick, some were unable to walk but still wanted to join the group and the team therefore adapted the route to ensure that it was wheelchair accessible. The Team Leader reported that the group were communicative and happy to be outdoors and had a very productive hour where 10 bags of litter were collected.

The event brought together 22 volunteers and although the litter pick was the main purpose of them being together they benefited from being outside and contributing to their community. The attached photographs show the volunteers engaging with the Team and an opportunity arose where the Team leader was able to share knowledge regarding the environment and the effects of litter and outline what their actions were contributing to with regard to the bigger, wider environmental picture.

The event generated sufficient interest for the volunteers to want to join the Team again and discussions are also ongoing with regard to them perhaps 'adopting' a particular area for them to be involved with in relation to adopt a verge/planter or love your street approach. The outcome of this will very much depend on whether the volunteers are able as well as willing as their interest was found to be of a limited time frame in some instances.

A good collection of litter removed was a big encouragement to the group 22 volunteer hours were recorded

As a starting point a further litter pick has been organised for November but the Team are obviously restricted in the coming months with regard to encouraging these volunteers to be out in the colder weather.

Outcomes will continue to be monitored over the coming months.

Feedback has been received from the landlady from this event. She commented on how much the group of volunteers had enjoyed what they did and were all talking about it afterwards. There was an obvious benefit of being out doing something purposeful in the community and the Team were encouraged by the engagement they encountered.

There's clearly appreciation from the volunteers – we need to make sure as a team, in conjunction with the landlady that we aren't too ambitious and overstretch the group but that we also encourage the group beyond their comfort zone.

Next steps: Discussions will continue with the landlady and a further date is arranged.



## Case Study Jul-Sept 2019

### LUNDHILL ROAD CUT BACK

A small project brought about by like minded and community spirited individuals who want to clear an area to make an adjoining car park visible to prevent anti-social behaviour.

The attached photographs show how overgrown the area on Lundhill Road had become in comparison to what it looked like on Google in March 2011. The aim of the project was to concentrate on clearing a significant area of growth to allow residents, who had recently formed a Neighbourhood Watch Scheme, to have sight of the car park where it was believed criminal and anti social activity was taking place.

The event took place 10-11 September 2019 following a meeting between Tidy Team, Parks department and a concerned resident, Mick Whittingham. The Team felt that it was important to include as many residents as possible and the area was leafleted outlining the proposed works and the reasoning behind the work. We felt it also important to reassure residents that it would be considerate work in relation to wildlife and habitat and that the purpose was to restore not to annihilate the area, to bring the it back to life.

The work itself was aimed at cutting back greenery and an overgrown area of brambles which were preventing sight of the parking area and to clear a vast area of fly tip that had been hidden under the overgrowth. Those involved included 8 residents and over the 2 days they gave a total of 41.5 volunteer hours and we disposed of 17 loads of greenwaste.

Very positive feedback has been received from the event. Almost everyone who was involved has commented how beneficial they found it to be and how much better the area looks to date:

"First of all can I say a big thank you to you and the Tidy Team for helping us with the massive work of clearing the scrub land off Lundhill Road at Wombwell. Chris and the guys really cracked on with the task and were assisted by a good few local volunteers.

Local dog walkers are happy that the car park is now open to view and they feel safer leaving their vehicles parked there. Our members are full of praise for the Tidy Team. We would never have been able to make a dent on the overgrown area without their help. As things stand we have been able to clear the wild growth ready to replace it with more natural planting.

Jayne said "they worked tirelessly, just kept on cutting back and clearing the area. It now looks so much better"

Sue said " I thought it would take forever to clear, but with the tidy team we managed it in a few days"

David said " I only walk my dog past here but when I saw what was being done I just had to get involved and help out" Mick said "Thank you Tidy Team, your help and advice got us on track to make our area look so much better.

The team were absolutely great and worked their socks off to help us make an impact."

I can't praise you highly enough Jo, without the muscle and support of the Team we would never have been able to make any inroads into clearing the area. We have plans in place to carry on with the clearance work and to find funding for other improvements which will carry Lundhill forward".

There's clearly appreciation from the residents on this project with regard to the fantastic results the work has shown. Feedback reports that the residents have found that the work has enabled them to network and support one another to provide a neighbourly rapport both in terms of the environment and prevention of crime and anti-social behaviour and as a consequence they have formed a community group which will also include a Neighbourhood Watch Scheme.

Next steps: A continuity plan of works has been developed in conjunction with the residents and future dates have

been agreed for the following months until the area reaches a maintainable level where the Team feel we can leave the residents to look after the area without the need for our support or support on an ad-hoc basis.



### Case Study Jul-Sept 2019

#### **NCS & TIDY TEAM BRING POND AREA BACK TO LIFE**

**A substantial community, inter-generational event bringing together all interested parties to work to the one aim of bring Milton Top Pond back to life.**

**Mates of Milton are a community group that look after the bottom pond area at Milton Ponds – the work is so vast they cannot look after the Top Pond area even with support from the Tidy Team. The aim of the project was to concentrate a large portion of time on the Top Pond area to then make it manageable from within the community with Tidy Team support.**

**The event took place 15-19 July 2019 and was organised by the South Area Tidy Team. The Team facilitated networking between NCS volunteers, Mates of Milton, residents and the Fishing Club who have a lease on the Top Pond itself. The Team felt that it was important to consider everyone's views, whilst trying to meet expectations about the pertinent issues, and to encourage volunteers to be considerate of others, and their ideas, and to raise awareness of how they could support each other in trying to achieve common outcomes.**

**The Tidy Team had leafleted the residential area prior to the weeks of planning/work and had asked for residents to contact the Team with their thoughts and views. The Team were approached frequently not only with views and ideas but with donations.**

**Part of the remit the Tidy Team had given the NCS for their planning cycle was to canvass the immediate area and speak with residents with a view to gaining their thoughts, ideas and although it's an ageing residential area, whether there were any willing volunteers.**

**The work itself was aimed at cutting back greenery and an overgrown area of brambles which were preventing access. Work was also included to care for habitat and conservation of existing wildlife – this included the installation of bug houses, bird boxes, bee homes etc.**

**Those involved included 12 NCS volunteers, and 10 other volunteers who were either residents or local people**



who had responded to our call up for volunteer help.

The event brought together 22 volunteers from across several Wards.

It has created the desire for more work to be done to not only support the area in its current phase but to continue the work to enable a smaller group of people to manage the workload.

A small number of the NCS volunteers who attended wish to continue the project to help the local volunteers.

Sufficient donation has been given to support the plan to re-seed and plant wild flowers.

Feedback reports that NCS participants found that the learnt skills and knowledge from those older than themselves which they believe they would not have gained in a classroom setting.

Outcomes will continue to be monitored over the coming months.

Very positive feedback has been received from the event. Almost everyone who was involved has commented how beneficial they found it to be, particularly the opportunity to be involved with people of differing age groups. Comments received to date: "The people in the community were very generous" "We found it very motivating and I think it showed us what it means to be a part of a community" "I think the people around us were very intelligent and had lots of knowledge to share which we couldn't have gained in a classroom setting" "I would be interested to be involved in more Tidy Team projects"

There's clearly appreciation from the residents on this project with regard to them being involved and approached for their opinions, even though the Tidy Team had spoken with the Fishing Club they still appeared unclear of what we were doing and that it would have no effect on their areas of responsibility. Meetings had taken place before the project started with Parks Department where our input was not requested where we could have allayed any fears and concerns.

Next steps: A continuity plan of works has been developed which has the full support of local residents and councillors and further dates have been publicised with a view to ultimately securing a commitment from a community group to take the project further with the Tidy Team support.

Future dates have been publicised and circulated to all interested parties to date – the Team will endeavour to continue to motivate interest.



## Appendix 3 Environmental Parking Enforcement – District

### Case Study South: Jul-Sep 2019. Birdwell Primary/Upperwood Academy Primary/High View Primary Learning Centre and Jump Primary School.

Birdwell Primary, Upperwood Academy Primary, High View Primary Learning Centre and Jump Primary School were schools which have been identified by Local Area Councillors to be part of a case study in which leaflets have been handed out to parents warning them of the dangers of parking illegally outside their child's school. As part of this operation, a parking amnesty was in place for the first 4 weeks of the school calendar, in which our officer issued verbal warnings and reminded them of the dangers/illegality of where they have parked and moved them on, warning them that if they were caught again in the future a PCN would be then issued to them.



### Birdwell Primary School

Only one of the four schools to employ a lollipop person, Wendy Jones. This school was probably the best of the four visited. Our officer only witnessed 4 cars pulling up in the restricted area's during the entirety of his 3 visits there, all of which were spoken to by our officer and a leaflet given to them warning them of the dangers as well as giving them a warning that if they did park there again whilst he was present a PCN would be issued. The officer noticed that whilst the parents do not park on the Zig-Zag areas, they do however all pull up down one of the side streets at the side of the school, Hay Green Lane on both sides of the road, which creates lots of problems. However this street is not enforceable as there are no parking restrictions on it. Wendy Jones, who has 10 years' experience in her role, also confirmed that this was the major parking issue at this school when our officer had



a chat with her and that nobody hardly ever parks on the yellow Zig-Zags, or if they try to, they are quickly moved on by herself.





## Jump Primary School

Again our officer found the Yellow Zig-Zags not the major problem for parking, as again during his 3 visits he only had to warn 4 parents for parking there. The majority of the flyers here were all issued on the single yellow lines which go around the corner at the bottom of the hill. Lots of parents were found to be parking in this area as well as the opposite side of the road to the Zig-Zag markings where there are no markings at all? The parents who parked around the corner at the bottom of the hill are the main problem as they are causing the traffic to back up on both sides of the bend, with some vehicles seen to go around the bend far too quickly.



## High View Primary Learning Centre

The major problem with enforcing the Yellow Zig-Zags at this school is purely down to the length of them (not helped by the bus stop being part of it). Lots of parents were seen to park on the zig-zags to drop their children off, but quickly drove away, just as quick as they pulled up. Our officer spoke to some of them (19 in one visit alone) on his visits and handed out flyers/warned them for future reference, but for as many cars he did manage to speak to, there were twice as many who he couldn't get to in time to have a word with them. Enforcing the lines would take a number of officers to sufficiently cover the full length of the lines, but even then, due to the parents just pulling up to drop off, there would not be enough administration time to issue the ticket IAW the regulations. The school is fully aware of the problem of parents just pulling up and dropping children off, as our officer was shown a newsletter that the school had sent out to all parents, but the message doesn't seem to be getting across, as all of his visits were the same.







### **Upperwood Academy Darfield**

Probably the worst of the four schools visited, with 23 flyers handed out in one visit to the school for those pulling up on the Zig-Zag's. The road down to the entrance to this school is quite narrow which causes lots of problems as well. Upperwood also has the added problem that it has multiple entrances. The Co-op on Barnsley road also has double yellows with blips outside it as well as a bus stop. Multiple cars also pulled up here as well to drop off, which caused problems for the buses to actually stop at the bus stop. Because of this we had to deploy the rest of the team to cover this side to move the cars on and warn them for future reference. Dartree Close, the street at the side of the school entrance is always full of cars as well. They are parking on the bend of the road and on the pavement stopping people with pushchairs being able to get by. Some of the cars parking on the bend were actually owned by the teachers. However this road is not enforceable so our officer could only offer out friendly advice to those parking there. Cars at this school would even drive into the entrance of the school and go into the staff car park or even block the entrance itself to drop the children off, even though signs ask them not to. There is a car park at the Co-op, although our officer was told by some parents that they are not allowed to park in there at school times, but the car park was always full on each occasion.





Flyers were left at the reception of each school so that they could be picked up at any time or given out by the school receptionist. At each school visited, the Head teachers and staff were really supportive of the actions being taken and praised Barnsley Council on taking the initiative in an attempt to combat the problems. The praise was also echoed by



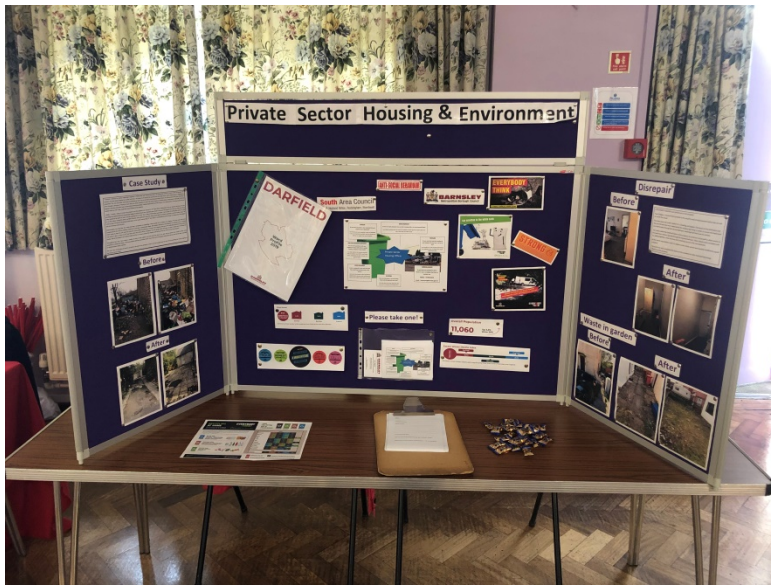
about 90% of the parents as well, with the majority of them understanding and welcoming. South Area Council have also received feedback from some parents, all of which has been passed on to the teams, virtually all of which has been praise-worthy.

#### **Appendix 4 Private sector Housing Officer**

Six bedroom mid-terraced multi occupancy property in Wombwell. Each flat has an ensuite bathroom and shared kitchen facilities. At the inspection each flat was checked with tenants and the letting agent representative present. Minor concerns were highlighted including extractor fans not working and leaking pipes, as a result a report is being completed to support the letting agents in rectifying the issues raised. A further multi-occupied property rented out by the same letting agent was also visited and advice provided regarding recycling and waste. There was an initial language barrier however the representative was bi-lingual which greatly assisted in ensuring that the tenants understood the requirements and were also able to have queries answered. This meeting has created a positive relationship with the letting agent and on request they are going to provide a list of all their properties within the locality and continue to work alongside me to support their tenants.



Darfield Ward Alliance held a 'Winter Wellbeing' event that I attended along with lots of other agencies including Age UK, Citizens Advice and NHS. This was an excellent event where I developed contacts with other agencies and also promoted my role to community members. I liaised with 40 attendees and as a result 2 jobs are ongoing involving supporting tenants and referrals to other departments within BMBC.



A hotspot area in Wombwell has been highlighted and as such I have visited it twice now on walkabouts. Gardens and back yards were checked and photographic evidence taken of issues. This was prior to bin collection day and so on the second visit I re-checked the noted properties. I also delivered a leaflet advertising my role to every private sector property (64 houses) on this street and over the next couple of weeks I will be extending this leaflet drop to the other streets in this area. It is my intention over the coming weeks to target this area.



BARNSELY METROPOLITAN BOROUGH COUNCIL

South Area Council Meeting:  
17<sup>th</sup> January 2020

Report of South Area Council Manager

South Area Council – Procurement and Financial Update

**1. Purpose of Report**

- 1.1 To provide a budget position in order for Members to provide an officer steer on next steps regarding future use of the commissioning budget, enforcement income and Health and Wellbeing Grant funding.
- 1.2 To provide an update on the discussions regarding ‘Strength and Balance Training’ (report to be taken separately) and ‘access to food’ in order for this to be considered as part of the priority and budget discussions.

**2. Recommendations:-**

- 2.1 That Members note the budget position.
- 2.2 That Members provide a steer for allocating the remaining commissioning budget, enforcement income and Health and Wellbeing grant funding.
- 2.3 That Members note the separate ‘Strength and Balance Training’ report to be presented alongside the updates for consideration.

**3. Budget position**

2019/20 commissioning budget

- 3.1 Underspends from two commissioned services tendering for less than the allocated amount, a four month staff vacancy for the private sector housing officer, an ongoing underspend due to the post being offered on a 30 hours contract, plus costs quoted by parks £3,700 less and carry forwards has resulted in a balance of **£41,654** for 19/ 20 from what was a previously allocated budget.
- 3.2 The £41,654 is assuming that profiled spend is allocated, this include the £1,738 communication budget, £10,000 Health and Wellbeing Fund and £10,000 Healthy Holidays Fund.

Environmental enforcement income

- 3.3 In addition to the above income from the Kingdom Enforcement contract paid into the budget this financial year for previous years tickets = **£32,523**.

2020/21 commissioning budget

- 3.4 Following a Tidy Team variation to contract in December 2019 involving a staffing reprofile recommended by South Area Council Members and the South Area Council Manager, the revised 2020/21 outturn is £371,656. This is based on funding District Ltd, Age UK Barnsley, Tidy Team and Private sector housing up to the end of September 2021. The revised remaining 2020/2021 budget is **£28,344**.

### South Health and Wellbeing Fund

- 3.5 The funding consists of £24,870.49 from the Healthier Communities Wellbeing service and £10,000 from the South Area Council commissioning budget to bring the total funds available to £34,870.49.
- 3.6 The total value of grants approved is £25,808. Public Health have agreed to their contribution being allocated in full with £937.51 of the Area Council funding making up the difference. **£9,062.49** remains in the South Area council budget.

### **4. South Area Council Workshop**

- 4.1 Following discussion at the South Area Council meeting on the 25<sup>th</sup> October 19 a workshop was held with the South Area Council Members to discuss the following information and presentations:
- 2019 / 2020 budget position
  - 2020/2021 budget position
  - Environmental enforcement income
  - South Health and Wellbeing Grant update and budget position
  - Funding, commissioning and project suggestions
  - Public Health data presentation and initiative information
- 4.2 From the discussions the South Area Council Manager was asked to work with Public Health on the following issues:
- South Area wide strength and balance training options. This is in relation to addressing some of the issues such as slip trips and falls, that feed into the excess winter death statistics for the area. A separate paper is being presented at this meeting to discuss proposals and a way forward.
  - Access to food including looking at healthy food environments, supporting healthy weight management, healthy food promotion and consumption, education and increasing physical activities and healthy holidays projects.

### **5. Allocation of South Area Council Funding**

#### South Area Council commissioning budget **£69,998 (£41,654 + £28,344)**

- 5.1 A separate paper is being presented on options to progress strength and balance training which would require funding from the commissioning budget if agreed.
- 5.2 The South Area Council manager is working with public health to look at options to explore 'access to food' as a priority.

#### Environmental enforcement income **£32,523**

- 5.3 Following discussions at the South Area Council Workshop Members are asked to provide a steer on the use of this income. A number of options were discussed at the workshop with this being narrowed down to the following:
- Offset costs of District Ltd contract, £29,912, releasing Area Council funding enabling monies to be spent on other non-environmental projects.
  - Funding new and / or replacement play equipment across the South Area.
  - Environmental fund including additional tree planting to increase numbers

#### South Health and Wellbeing Fund **£9,062.49**

- 5.4. Public Health have carried out a review of the Health and Wellbeing Grant and projects across the Borough. A decision is yet to be made whether Public Health would match the funding for a further year of grants.
- 5.5 **£9,062.49** remains in the South Area council budget for a further round of the South Health and Wellbeing Fund. The following options were presented at the South Area Council meeting on the 25<sup>th</sup> October 19 and at the workshop.

**Options:**

- 1) Keep the funding ring-fenced until a decision has been made by Public Health regarding further Public Health funding.
- 2) Reallocate back to the South Area Council commissioning budget to be considered for something else.
- 3) Run a further grant round across the whole area.
- 4) Run another grant round targeted at Hoyland, Milton, Rockingham and Darfield.
- 5) As above with different criteria.
- 6) Top up the allocation to run any of the above options.

**Officer Contact: Lisa Lyon, South Area Council Manager**  
**Tel: 01226 355866**

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BARNSELY METROPOLITAN BOROUGH COUNCIL

South Area Council Meeting:  
Date: 17/01/2020

Report of Alec Tinker, Senior Public Health Officer

**South Area Council – Title: Older people physical activity to strength and balance.**

**1. Purpose of Report**

- 1.1 Following a request at a South Area Council workshop on the 21<sup>st</sup> November 19 this report provides further information on the current falls prevention offer in Barnsley, outlines possible approaches for the development of an older people's physical activity programme for Barnsley South Area that improves strength and balance. The approaches detailed in this report include costings, benefits and challenges of implementation.
- 1.2 To outline what is considered current best practice regarding preventative work and possible delivery mechanisms to increase older people's physical activity, improve strength and balance, reduce the risk of falls and ultimately reduce excessive winter deaths for Barnsley South Area Council.

**2. Recommendations**

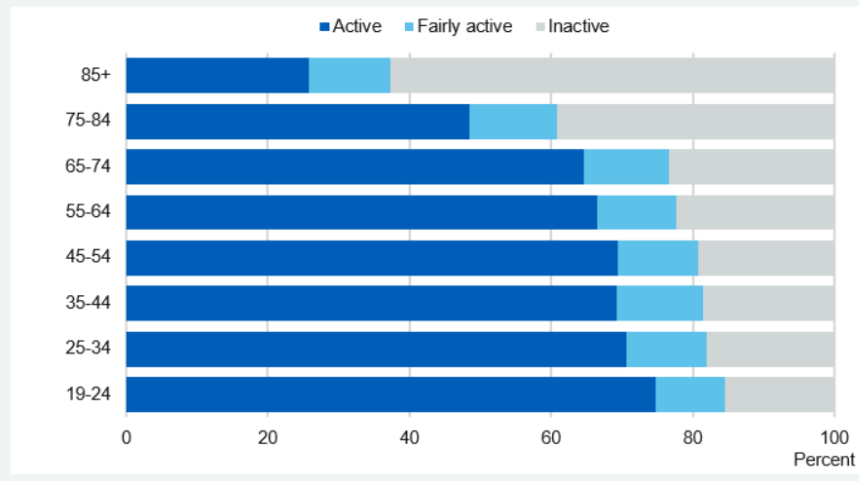
- 2.1 **That Members note the information in this report**
- 2.2 **That if Members recommend progressing prevention work that Members approve a way forward based on the two options outlined at section 6.1.**
- 2.3 **That if supported Members agree a £20,000 budget for a period of 1 year to deliver prevention work and agree the preferred option for a way forward approving either one of the two options presented 1) procure a service provider to deliver interventions agreed through a service specification or 2) deliver a grants programme encouraging a range of community based organisations to support delivery.**
- 2.4 **That Members delegate responsibility for the delivery of a prevention service/s, as outlined in the options, to the Executive Director, Communities in liaison with the South Area Council Manager and South Area Council Chair.**

**3. Background**

- 3.1 Presentation by public health at Members Briefing on tackling Excessive Winter Deaths, identified a key action to explore future physical activity for older people, including strength and balance training.
- 3.2 As people get older, they are far more likely to become inactive: nationally 42% of people aged 55 and over are inactive compared to 29% of the adult population.

### Adult physical activity by age group

Activity levels generally fall with age, but the sharpest decline comes at ages 75-84 (48% active) and age 85+ (26% active).



Statistics on Obesity, Physical Activity and Diet, England, 2019  
Publication date: 8 May 2019

National Guidelines state that adults aged 65 and over should:

- aim to be physically active every day. Any activity is better than none. The more the better, even if it's just light activity
- do activities that improve strength, balance and flexibility at least 2 days a week
- do at least 150 minutes of moderate intensity activity a week or 75 minutes of vigorous intensity activity if you are already active, or a combination of both
- reduce time spent sitting or lying down and break up long periods of not moving with some activity

3.3 In 2017/18 Barnsley emergency hospital admissions due to falls by people aged 65 and over were 2,922 per 100,000, this equates to 1,302 people over the age of 65 falling and admitted during the period 2017/18. This is an increase from 2,815 per 100,000 which equates to 1,232 people for 2016/17 (Public Health Outcomes Framework). If the trend in Barnsley continues it is set to rise for the year 2018/19, while other areas across the country have maintained a relatively consistent number of emergency admissions over the last few years.

Injuries from falls can lead to a loss of confidence, fear of future falls, loss of mobility, independence and mortality. Falls can occur for a number of reasons and some falls can be prevented by focusing on; improving strength and balance, maintaining muscle mass and bone density, removing trips and hazards at home, keeping hydrated, reviewing medication, reducing alcohol intake and having regular eyes checks.

3.4 This paper outlines a number of approaches that will achieve the following outcomes:

- Increase older people's physical activity levels
- Improve strength and balance
- Reduce risks of falls
- Increase social interaction
- Improve health and wellbeing

## 4. Barnsley Context

- 4.1 Barnsley excess winter deaths (single year, all ages) has increased to 39.7% for the period 2016-2017. This is significantly above the Yorkshire & Humber and England rates of 24.9% and 21.6% respectively (Public Health Outcomes Framework).

Barnsley rates for hip fractures in people aged 65 and over are significantly worse than the England average and second worst in Yorkshire & Humber. A month after suffering a hip fracture 1 in 12 people will have died and only half will have returned home.

Older people reporting a fall or considered at risk of falling should be observed for balance and gait deficits and considered for their ability to benefit from interventions to improve strength and balance.

During the winter months the likelihood of falls increases due to adverse weather conditions, leaves on the floor, and older people being less active which increases mobility issues.

- 4.2 Barnsley does not currently have a commissioned primary falls prevention exercise programme. Any primary falls prevention work that is taking place in Barnsley is fragmented and sparse. In the South Barnsley Area a business called Healthy Bones provide private strength and balance classes held at Birdwell Methodist Church and Saville Court Centre, one class per week. At a cost of £5 per class. These classes are evidence based falls prevention exercise classes for over 50's. Other forms of physical activity that may help to improve and maintain strength and balance include: tai chi, ping, walking groups, racket sports, walking football, pilates etc...

What	When	Where
Gentle Exercise for over 50s	Mondays, 10am to 11am	St Michael's & All Angels Church Hall, Park Street
Mild Salsa for the over 50s	Mondays, 1pm to 2pm	St Mary's Church, Church Street, Wombwell
Sequence Dance Club	Mondays and Saturdays, 7pm to 9.30pm	St Mary's Church, Church Street, Wombwell
Tai Chi	Tuesdays, 12pm to 1pm	Wombwell Library, Station Road
Jump Bowling Club	Monday evenings. Contact for more information	Bowling Green, Jump Park, Roebuck Hill, Jump
Yoga Class—For all abilities. Just call in!	Mondays, 7.30pm to 8.30pm	Birdwell Methodist Church, Sheffield Road, Birdwell

Darfield Bowls Club	Wednesday Afternoons	Church Street, Darfield
Modern Sequence Dancing	Tuesdays, 7.30pm to 10pm and Fridays 1pm to 3pm	Darfield Community Centre, Illsley Road

Barnsley Love Later Life Service Booklet, Age UK Barnsley 2019

- 4.3 South Area Council has 9,100 over 65s in residence, and has 7 Residential Care Homes and 3 Learning Disability Residential Care Homes within its boundaries.

The mortality rate from causes considered preventable in the South area is higher than those of Barnsley and England at 220.8 per 100,000. The South Area's Excess Winter Deaths rate is higher than those of Barnsley and England at 31.2% (based on ONS source data, 2016).

## 5. Best Practice

Below are examples of interventions that specifically aim to improve strength and balance, which may reduce the risk of falls and help to achieve the ultimate aim of reducing excess winter deaths.

- 5.1 **Move it or Lose it** is a limited company that has developed an exercise programme in partnership with the Centre for Healthy Ageing Research at the University of Birmingham. The exercise programme improves participants' flexibility, aerobic capacity, balance and strength (FABS).
- 5.1.2 Training: The course involves online video tutorial and a two day practical training with informal and formal assessing throughout the days. The online videos give course participants the time to practice each of the exercises in preparation for the practical assessment. This equates to 32 hours of guided learning. Participants can also download the complete theory and practical training manuals for future reference.

Participants can learn and practice in the convenience of their own home so when they attend the two day practical training they will be fully prepared. At the practical training they will learn how to link the exercises and put them to music to create fun-filled routines. They will be continually assessed informally and formally to show competence in safe and accurate delivery, observation and adaptation, goal setting and motivational techniques.

On completion of the course participants will:

- Understand of the major changes associated with ageing and inactivity.
- Understand how to support and motivate the older adult to adhere to physical activity
- Understand guidelines and training principles in relation to the older adult
- Be able to plan, deliver and evaluate exercise sessions for older adults including progressive training

- 5.1.3 Financial commitment for training an individual:

Cost of course training per instructor: £495 (incl VAT)

#### 5.1.4 Advantages:

- Evidence based classes that increase physical activity
- Improve strength and balance.
- Encourage social interaction, reducing loneliness and social isolation.
- Create a greater sense of community.
- Improves health and wellbeing of older people.

#### 5.1.5 Disadvantages:

- It is not specifically mentioned in the NICE guidelines for falls prevention.

**5.2.1 Tai Chi** combines deep breathing and relaxation with flowing movements. Originally developed as a martial art in 13th-century China, Tai Chi is now practised around the world as a health-promoting exercise. Some research suggests Tai Chi can reduce the risk of falls among older adults who are at increased risk. However, more research is needed.

#### 5.2.2 Training:

Tai Chi Foundation Level of Instructor certificate with Qigong. Potential instructors should be able to demonstrate at the end of the course:

- A good degree with competence of demonstrating Silk Reeling Energy, Warm Up exercises and Qigong Foundation exercises.
- A good degree with competence of demonstrating the Tai Chi 8 short forms.
- An understanding of basic Tai Chi principles and philosophy.

No previous experience is required for the Foundation Level Instructor with Qigong. This Training Course provides instructional online based videos to practice either at home. Any relevant experience and skills in other martial arts, Physiotherapy or having been an instructor in other exercises such as Qigong, Yoga, Laugar, Shaolin Kung Fu, Football coaching, Dancing...etc will be taken into account for the consideration of acceptance on the course.

Any students who can't pass the assessment successfully during the course are welcome to join the re-assessment in three month time or take part in the next instructor course at free of charge.

#### 5.2.3 Financial commitment for training an individual:

The current fee for a foundation course is £435.00

#### 5.2.3 Advantages:

- Increases physical activity
- May improve mental health
- May improve respiratory health

#### 5.2.3 Disadvantages:

- More evidence is needed to claim that Tai Chi reduces falls.

**5.3. Chair based aerobic/exercise classes** for people who have difficulty standing or walking.

There are a variety of different training courses that offer differing levels of expertise. For example Later Life Training provide a course called Sit Tall, Stand Strong which is a chair based exercise programme that progresses individuals to standing work where able. The evidence based exercises of this programme allow for progression to standing work whilst still providing a programme to maintain movement and strength for those requiring to remain seated. However, many other training providers deliver courses that do not offer individuals training in how to progress clients from sitting exercises to standing. Below are two example training courses.

#### 5.3.2 Later Life Training course:

This training is suitable for; people working in care settings, health professionals, volunteers and exercise professionals (further pre-requisites may exist). It is also appropriate for qualified exercise teachers and those holding an NVQ in Exercise and Fitness or equivalent qualification. The course can also be accessed by candidates who have no formal qualifications but have considerable experience working with older people such as care workers or physiotherapy assistants. There are no academic requirements but the candidates should have experience of working with older people.

All learners will gain skills to lead this pre-set programme of 22 chair based exercises, including sit to stand exercises. Particular emphasis is placed on exercise technique, safety and purpose, essential for supporting motivation, individual difference and longer term engagement in the programme. Learners will have supervised opportunities to develop and practice necessary leadership skills, group management and motivation.

Course duration is 4 days unless participants are exercise and sports scientists, physiotherapists or occupational therapists then they may undertake a 2 full days course instead.

#### 5.3.3 Financial commitment for training an individual:

The full 4 day course costs £410 + VAT and includes all manuals, assessments and certification. = £492

The 2 day intensive course, for Physiotherapists and Qualified Exercise Instructors, costs £310 + VAT and includes all manuals, assessments and certification

#### 5.3.4 AMAC training course:

This training is suitable for fitness instructors looking to adapt exercises to help older clients and people who do not have any existing fitness qualifications but already work with older or frailer individuals. There are no formal prerequisites for this course but you do need to be over 16.

The course can be completed online or face to face.

Course Content:

- Introduction to the values and principles of adult social care
- Understand the value of chair-based exercise with frailer, older adults
- Plan and deliver chair-based exercise for frailer older adults

#### 5.3.5 Financial commitment for training an individual:

The online course costs £228.00

Hard-copy manual to accompany the online course £25.00

Face to face course costs £264.00

#### 5.3.6 Advantages:

- Increases physical activity for people who have difficulty standing and walking
- If the instructor is trained to deliver progression exercises classes from sitting to standing then this could drastically improve individual older people's mobility and independence

#### 5.3.7 Disadvantages:

- Alone it does not improve strength and balance or reduce falls
- Only suitable for adults who have limited mobility
- No training courses currently scheduled

5.4. **Functional Fitness MOT (FFMOT)** is a person centred tool that uses a number of different physical function assessments to give older people an idea of how their physical function compares to that of their peers. It provides an opportunity for early identification of those at risk of falling and to effectively signpost them into appropriate interventions to reduce their risk.

#### 5.4.2 Service model:

Activity Instructors that work with people older than 50 and those that provide classes such as Tai Chi, Pilates, Yoga who have undertaken the Functional Fitness MOT (FFMOT) will deliver FFMOT to their clients. The FFMOT can be delivered in a variety of settings including leisure centres, shopping precincts, community centres as well as residential settings. It includes activities such as chair sit and reach, 30 second chair stand and handgrip strength.

#### 5.4.3 Option Training:

The FFMOT training run by Later Life Training can be used as an educational tool in a

The purpose of the FFMOT training is to:

- Highlight the new Physical Activity Guidelines with older people
- Highlight the importance of the components of fitness, particularly strength and balance
- Use as a motivational tool to engage older people in programmes and activities

The training is a one-day practical seminar that raises awareness of the importance of physical activity and physical function for older people and demonstrates how the FFMOT can help professionals frame their discussion. Following the workshop a network of physical activity instructors with an interest in preventing falls could be formed. This would provide attendees with a community of supportive instructors and a place to share best practice. (Leeds have established a similar model with good results)

#### 5.4.4 Financial commitment:

The cost to host a course for up to 24 candidates is £1,200 + VAT. It can be run for a maximum of 24 participants but will require at least 12.

#### 5.4.5 Advantages:

- Current workforce is up skilled. Physical activity volunteers and professionals will be able to deliver FFMOT.
- Providing the training workshop would create a knowledgeable workforce which is able to work with adults to prevent falls. It would form a universal primary prevention offer across the South Area Council.

#### 5.4.6 Disadvantages:

- As a standalone intervention it does not increase the physical activity offer in the South Area. We do not currently have a commissioned service for people at risk of falls to be referred to.
- It is not specifically mentioned in the NICE guidelines for falls prevention.

#### **Measuring success:**

Evaluation of all exercise class examples can be designed into the service offer. Tests learnt during the FFMOT training and tests such as the TUG Timed up and Go test and CONFBal test will help to inform council members of the success of the programme and inform individuals of their own progress.

Community exercise classes have more than just physical benefits. They are social events and can help reduce social isolation. In order to capture this added benefit Quality of Life questionnaires may be given to participants. Utilising the social aspect of the classes it may be possible for participants to receive printed information on a range of agreed topics including healthy nutrition, winter warmth and regular exercise alongside specific falls prevention material.

Informal focus groups could create some qualitative data that could help council members gain insight into the success of the programme and could be used by the instructors to give them ideas for how they might improve the classes for the participants.

#### **6. Options to progress this proposal:**

6.1 If the South Area Council agree to support work to improve strength and balance, reduce the risk of falls and ultimately reduce excessive winter deaths for South Area Council, the following are options for discussions and further consideration to progress this work.

- Commission a service provider to deliver interventions that meets a set of agreed outcomes (outcomes discussed in section 3.3). A specification would be developed and agreed by the South Area Council which would include some of the best practice as suggestions in the report. This would be promoted on YORtender. Costings up to £20K, potential to increase or decrease funding depending on what is required. A YORtender approach would look for one provider to be responsible for the co-ordination of a programme of activity to meet the outcomes and management and training up of people to deliver this work.



- Grant programme. A grants programme would enable a mix of approaches and encourage community based organisations to get involved. Suggested amounts for discussion would be a total grant pot of £20K with individual grants of up to £5K.

Both approaches could incorporate some core principles of building in wider health and wellbeing including developing social connections and relationships, tackling social isolation and better access to information support and advice.

## 6.2 Recommended option for the greatest impact using best practice examples:

### Combination offer of Move It or Lose It and FFMOT

Through the commissioning of a service provider to deliver the intervention or by using grants, the recommended option would be to have one or more fitness instructors/volunteers trained to deliver Move It or Lose It classes in the community. Level 2 fitness instructors or volunteers with an interest in working with older people would attend the Move It or Lose it course and then deliver physical activity classes that improve strength and balance across the Barnsley South Area in community and care home settings.

Having a combined offer of Move It or Lose It and the Functional Fitness MOT workshop provides Barnsley South Area with greater capacity to deliver physical activity for older people in the South Area. It up skills the current workforce, improves the health and wellbeing of participants and reduces social isolation.

Individuals who are trained to deliver the FFMOT could signpost older people to Move It or Lose It classes.

If possible holding some classes in care homes and inviting older people from the community in will help care home residents and staff feel part of their local community and will strengthen relationships.

## 6.3 Financial commitment:

Costings depending on which approach is taken.

## 6.4 In order to progress this work it is recommended that a small working group, including South Area Council Members, is formed to look at developing the approach recommended.

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